

How to Improve Your Website's

EAT

presented by
Lily Ray

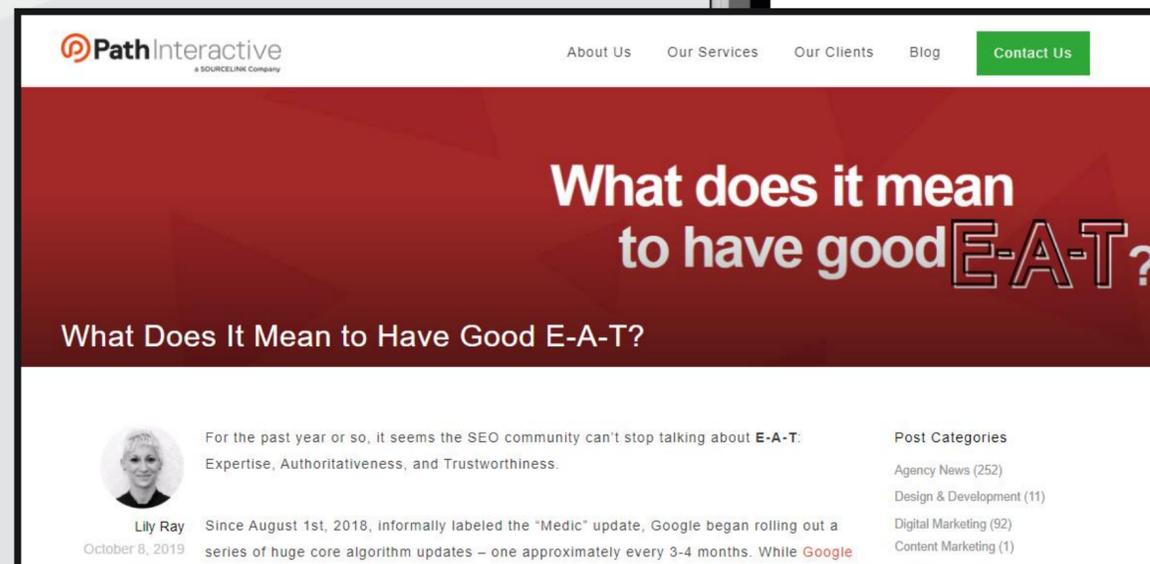
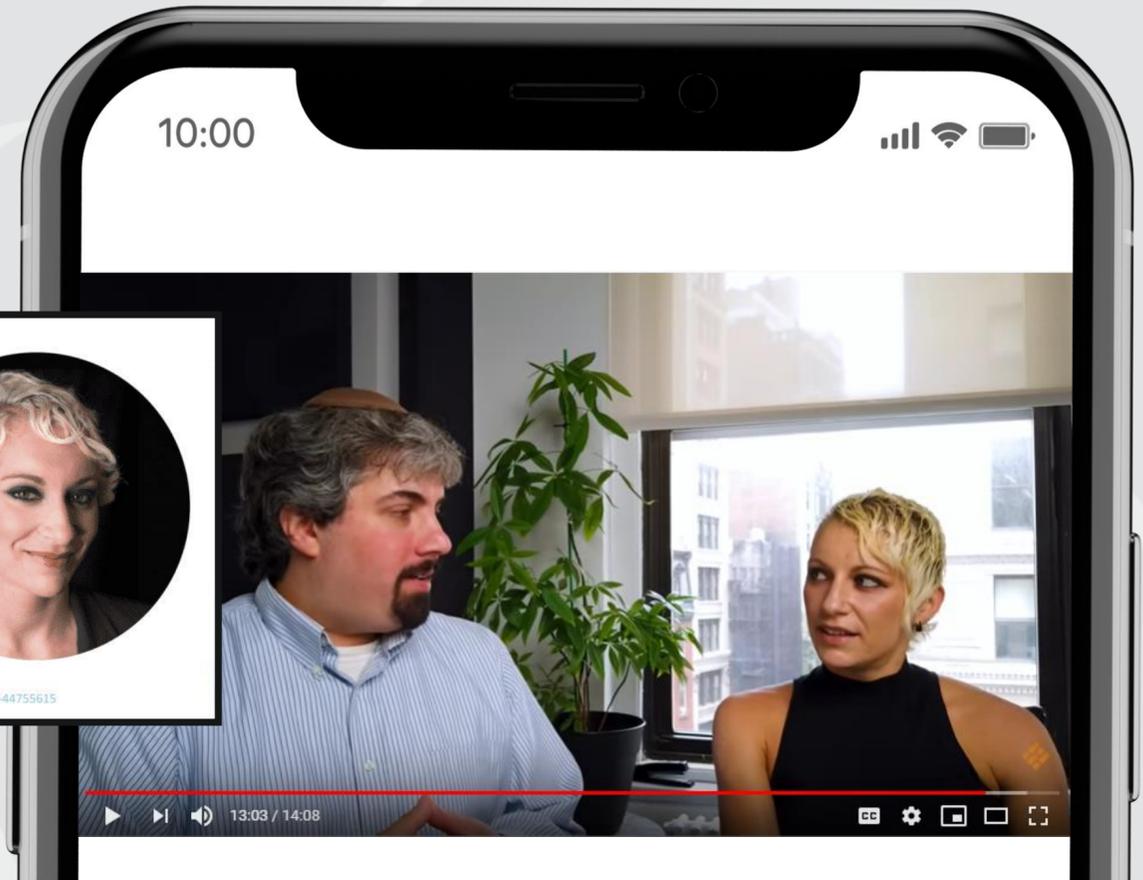


**Lily
Ray**

**SEO
DIRECTOR**

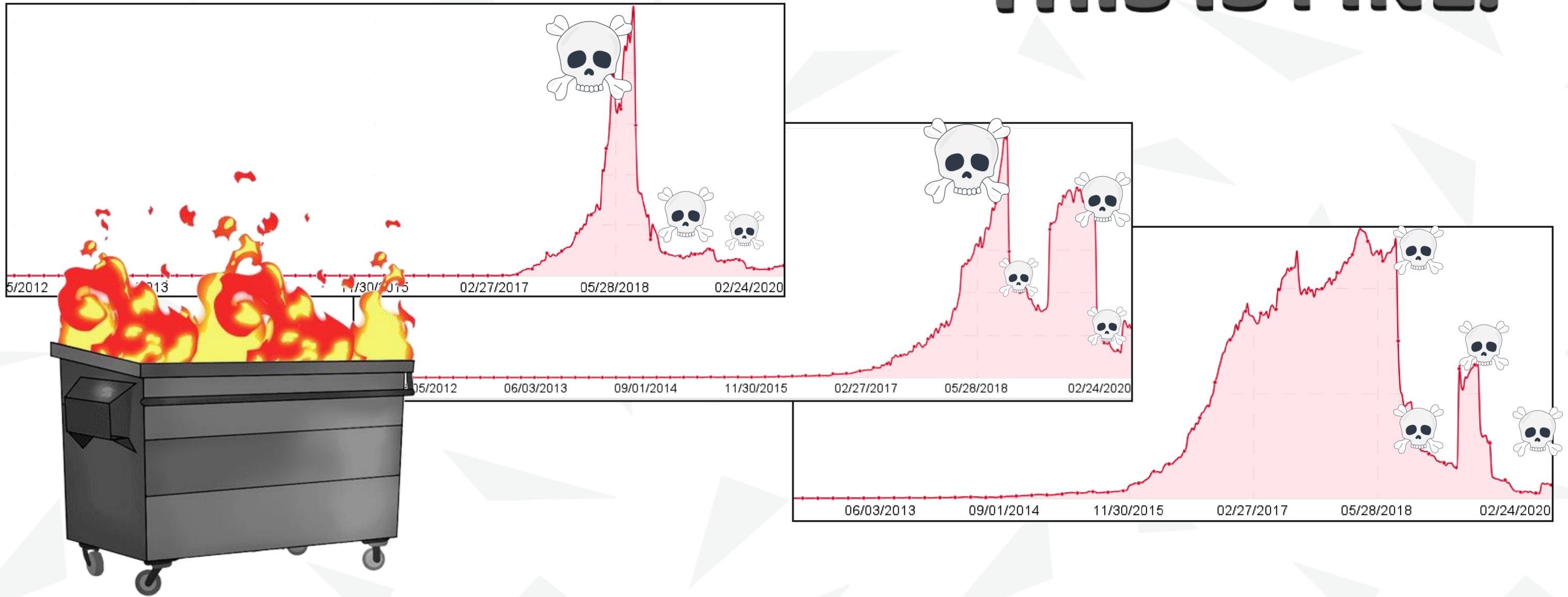
@PathInteractive

I've been talking about
E-A-T a lot



Why?

THIS IS FINE.



E-A-T (*noun*)

Expertise, Authoritativeness, and Trustworthiness.

For pages that have a beneficial purpose, the amount of expertise, authoritativeness, and trustworthiness (E-A-T) is very important.

Please consider:

1. The expertise of the creator of the Main Content.
2. The authoritativeness of the creator of the Main Content, the Main Content itself, and the website.
3. The trustworthiness of the creator of the Main Content, the Main Content itself, and the website.

Is **E-E-A-T**
a ranking
factor?

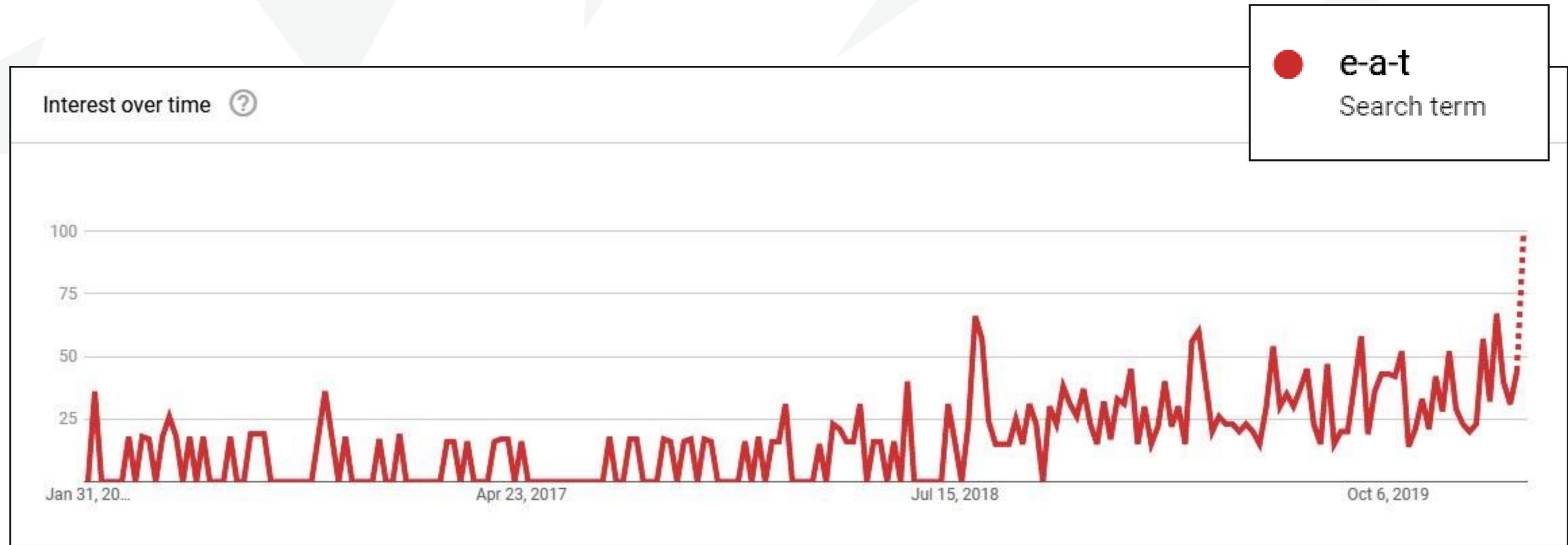
NO

not like keywords
in title tags,
HTTPS or page
speed.



E-A-T

is a growing trend in SEO



E-A-T

is mentioned **135 times**
in the Search Quality
Rater Guidelines

General Guidelines

September 5, 2019

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How Google Fights Disinformation



@lilyraynyc

Every time a core update happens nowadays, Google shares this article.



Google Webmaster Central Blog

Official news on crawling and indexing sites for the Google index

What webmasters should know about Google's core updates

Thursday, August 01, 2019

Get to know the quality rater guidelines & E-A-T

Another resource for advice on great content is to review our [search quality rater guidelines](#). Raters are people [who give us insights](#) on if our algorithms seem to be providing good results, a way to help confirm our changes are working well.

It's important to understand that search raters have no control over how pages rank. Rater data is not used directly in our ranking algorithms. Rather, we use them as a restaurant might get feedback cards from diners. The feedback helps us know if our systems seem to be working.

If you understand how raters learn to assess good content, that might help you improve your own content. In turn, you might perhaps do better in Search.

In particular, raters are trained to understand if content has what we call strong E-A-T. That stands for Expertise, Authoritativeness and Trustworthiness. Reading the guidelines may help you assess how your content is doing from an E-A-T perspective and improvements to consider.

Here are a few articles written by third-parties who share how they've used the guidelines as advice to follow:

Google SearchLiaison @searchliaison

Later today, we are releasing a broad core algorithm update, as we do several times per year. It is called the September 2019 Core Update. Our guidance about such updates remains as we've covered before. Please see this blog for more about that:

What webmasters should know about Googl...
Official news on crawling and indexing sites for the Google index
[webmasters.googleblog.com](#)

8:30 AM · Sep 24, 2019 · [Twitter Web App](#)

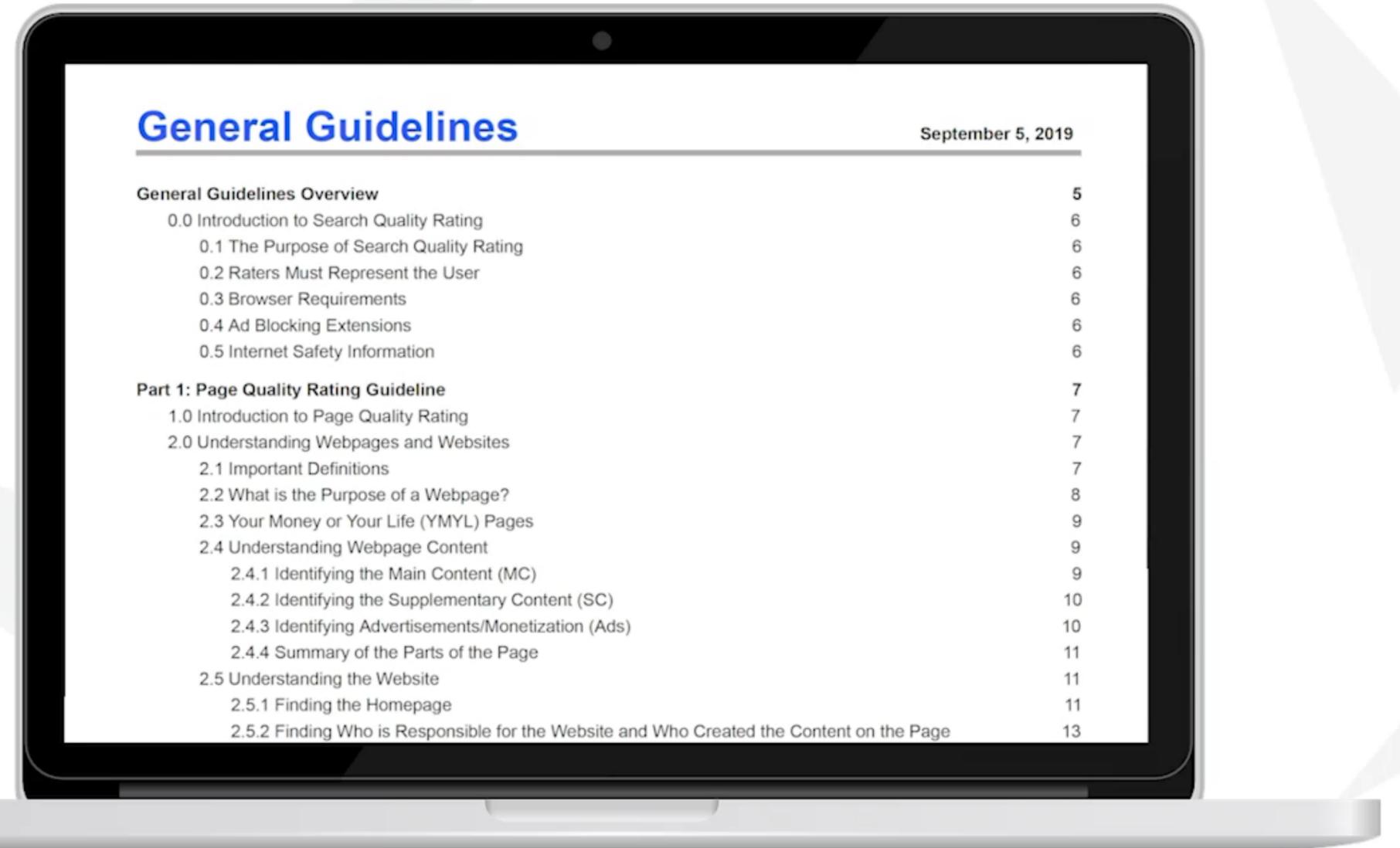
1.6K Retweets 1.9K Likes

@lilyraynyc

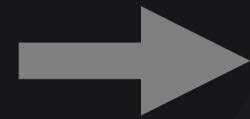
So how does **E-A-T** work?

The concept of **E-A-T** originated in the 2014 Google Search Quality Guidelines.

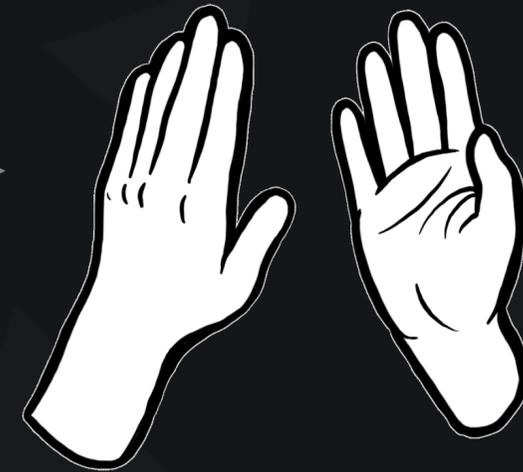
160+ pages that define what Google considers high or low-quality content.



Search quality evaluators measure & assess website quality in live user tests



Algorithms identify signals that correlate with E-A-T (i.e. ~~PageRank & links~~)



Feedback is benchmarked and used to inform algorithms

10:00



Danny Sullivan ✓
@dannysullivan

Replying to @dannysullivan @rustybrick and 4 others

It's almost like we look for signals that align with expertise, authoritativeness and trustworthiness. We should give that an acronym like E-A-T and maybe suggest people aim for this. Oh wait, we did: webmasters.googleblog.com/2019/08/core-u...

Get to know the quality rater guidelines & E-A-T

Another resource for advice on great content is to review our [search quality rater guidelines](#). Raters are people [who give us insights](#) on if our algorithms seem to be providing good results, a way to help confirm our changes are working well.

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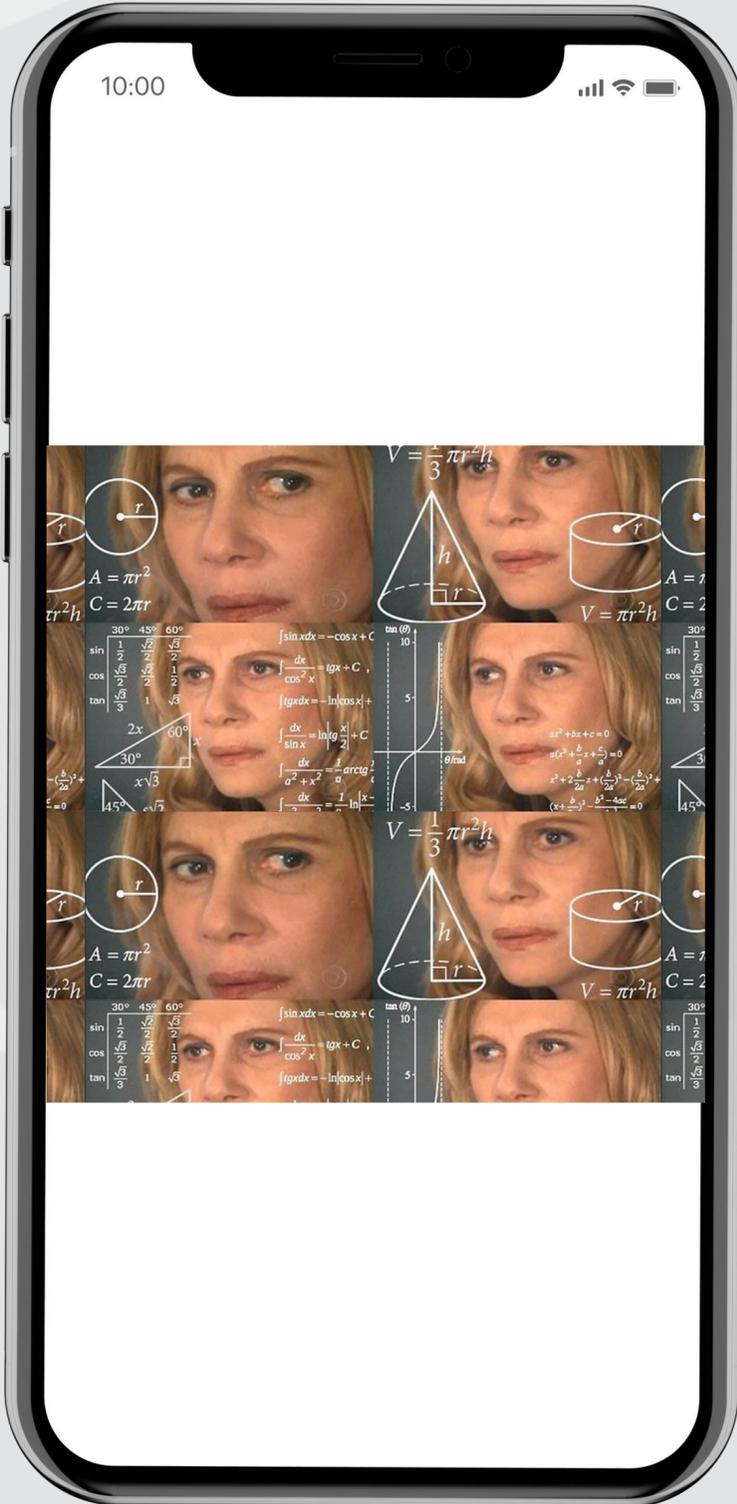
If you understand how raters learn to assess good content, that might help you improve your own content. In turn, you might perhaps do better in Search.

11:03 AM · Oct 11, 2019 · [Twitter for iPad](#)

9 Retweets 31 Likes



@lilyraynyc

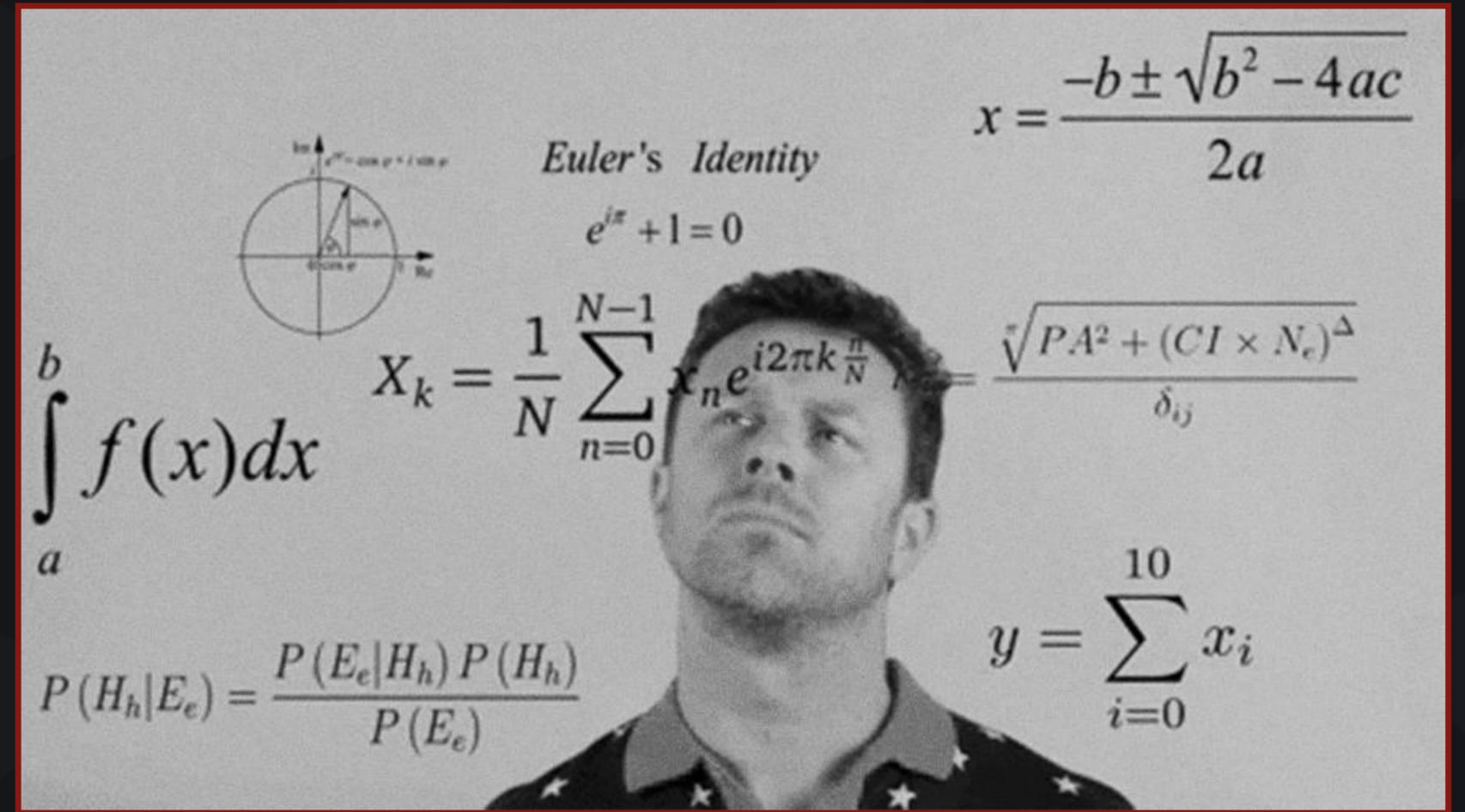


How do Google's algorithms assess expertise, authority, and trustworthiness?

- Google's algorithms identify signals about pages that correlate with trustworthiness and authoritativeness. The best known of these signals is PageRank, which uses links on the web to understand authoritativeness.
- We are constantly evolving these algorithms to improve results – not least because the web itself keeps changing. For instance, in 2017 alone, we ran over 200,000 experiments with trained external Search Evaluators and live user tests, resulting in more than 2,400 updates to Google Search algorithms.
- To perform these evaluations, we work with Search Quality Evaluators who help us measure the quality of Search results on an ongoing basis. Evaluators assess whether a website provides users who click on it with the content they were looking for, and they evaluate the quality of results based on the expertise, authoritativeness, and trustworthiness of the content.

Signals that align with

E-A-T



The image features a man with a thoughtful expression, looking upwards and to the right. He is wearing a dark polo shirt with white stars. Overlaid on the image are several mathematical formulas and diagrams:

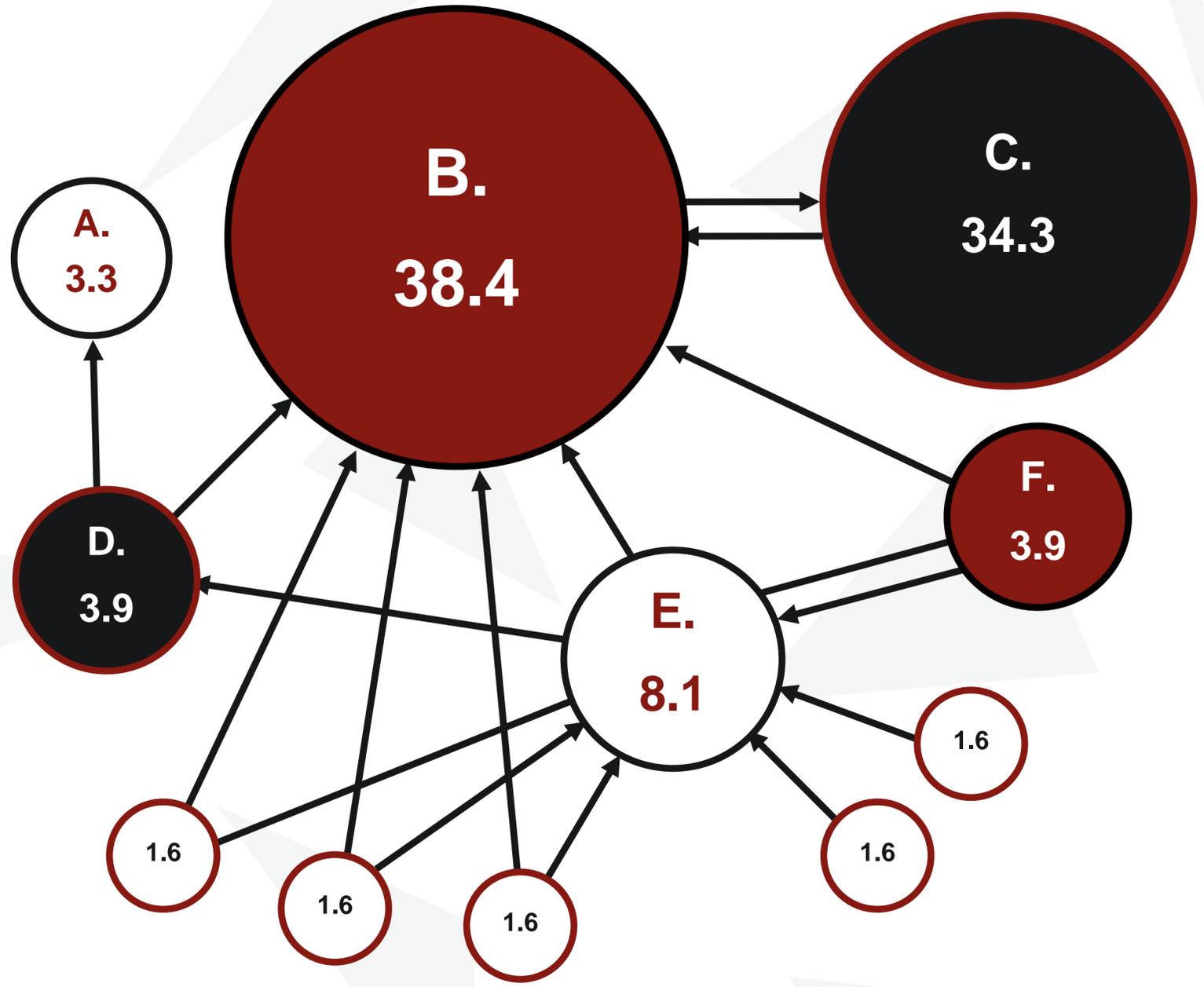
- Euler's Identity:** $e^{i\pi} + 1 = 0$. Above it is a diagram of a unit circle in the complex plane with a vector pointing to -1 on the real axis, labeled $e^{i\pi} = \cos \pi + i \sin \pi$.
- Quadratic Formula:** $x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$
- Integration:** $\int_a^b f(x) dx$
- Discrete Fourier Transform:** $X_k = \frac{1}{N} \sum_{n=0}^{N-1} x_n e^{i2\pi k \frac{n}{N}}$
- Cramer's Rule:** $x_i = \frac{\sqrt{PA^2 + (CI \times N_c)^\Delta}}{\delta_{ij}}$
- Bayes' Theorem:** $P(H_h|E_e) = \frac{P(E_e|H_h) P(H_h)}{P(E_e)}$
- Summation:** $y = \sum_{i=0}^{10} x_i$



**Has Google
confirmed what
those signals are?**

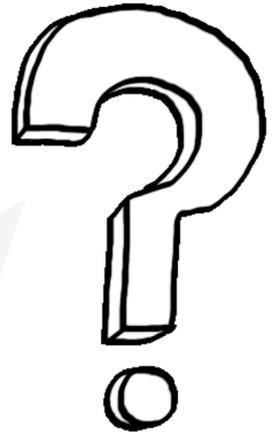
NO

...well, except
PageRank
and links.



Does that mean that
on-page signals
aren't also part of the
E-A-T evaluation?

NO



Google just hasn't confirmed which on-page signals are part of **E-A-T.**

Believe me, I've tried to get more info...



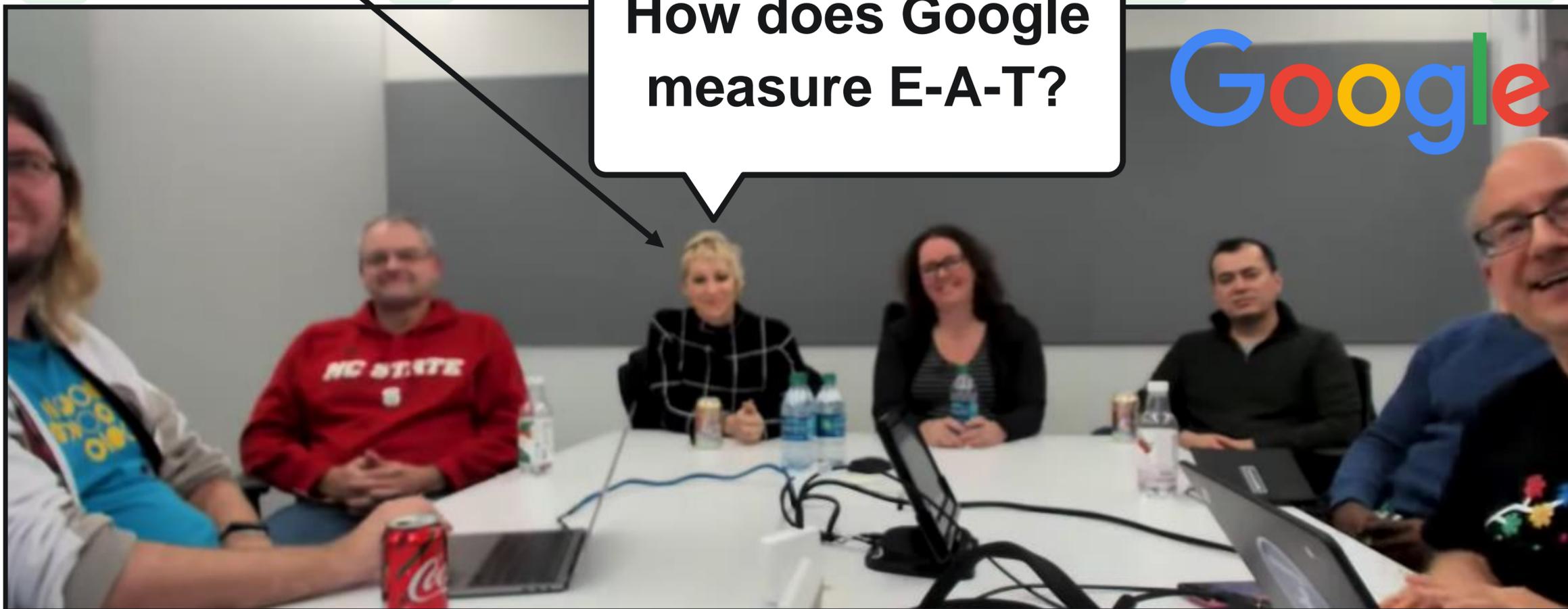
GOLA

@lilyraynyc

Me

**How does Google
measure E-A-T?**

Google





It's almost like...
Google doesn't want to
talk too much about the
specifics of

E-A-T

@lilyraynyc



y tho

**It's almost like...
SEOs love
spamming
things.**



All the things SEOs have **spammed to death**



Google+

META
KEYWORDS

GUEST
POSTING

FAKE
REVIEWS

SOCIAL
BOOKMARKING

Blog
Comments

Rel=author

Starmageddon

CLOAKING

Or maybe it's also because....

E-A-T is part of a larger
Google initiative.



**Search engines &
social media companies
are facing government scrutiny.**

BBC
NEWS
Google pledges \$300m to support journalism and fight fake news
20 March 2018

f     Share

The New York Times
PERSONAL HEALTH
When Cancer Meets the Internet
Dr. Google doesn't always know what's best.

npr
Facebook, Google And More Meet With Feds To Confer About 2020 Election Security
September 5, 2019 · 11:24 AM ET

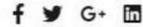
THE WALL STREET JOURNAL.
BUSINESS
Google and Facebook Face European Vexation
Member of British parliament angrily questioned a Facebook vice president about whether the company might have known about Russian activity in 2014

THE HILL
WHO, Google working to fight spread of virus disinformation

Nation

**Coronavirus in China: 23 Million
QUARANTINED, 2.8 Million Infected;
112,000 DEAD**

NATION | NEWS DESK | 23 JANUARY 2020 | HITS: 1372794



Janine Princess Williams shared a link.
Yesterday at 6:57 AM



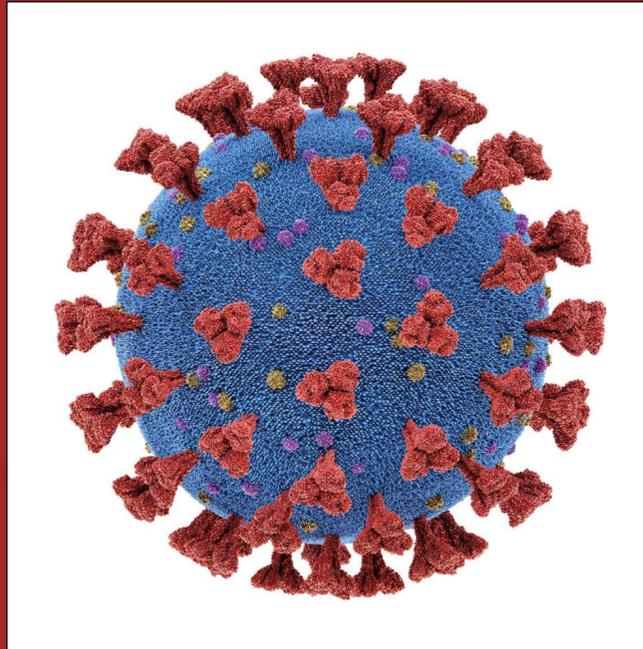
MCMNT.COM

**Vatican confirms Pope Francis and two aides test positive for
Coronavirus - MCM**



JoanneWrightForCongress @JWrightforCA34 · Feb 28

Doesn't @BillGates finance research at the Wuhan lab where the Corona virus was being created? Isn't @georgesoros a good friend of Gates? Isn't it always when @HillaryClinton tweets that fire and brimstone hits us? Check Gates Foundation and Clinton Foundation for stock sells.



IMPROPER USE OF DISINFECTANTS

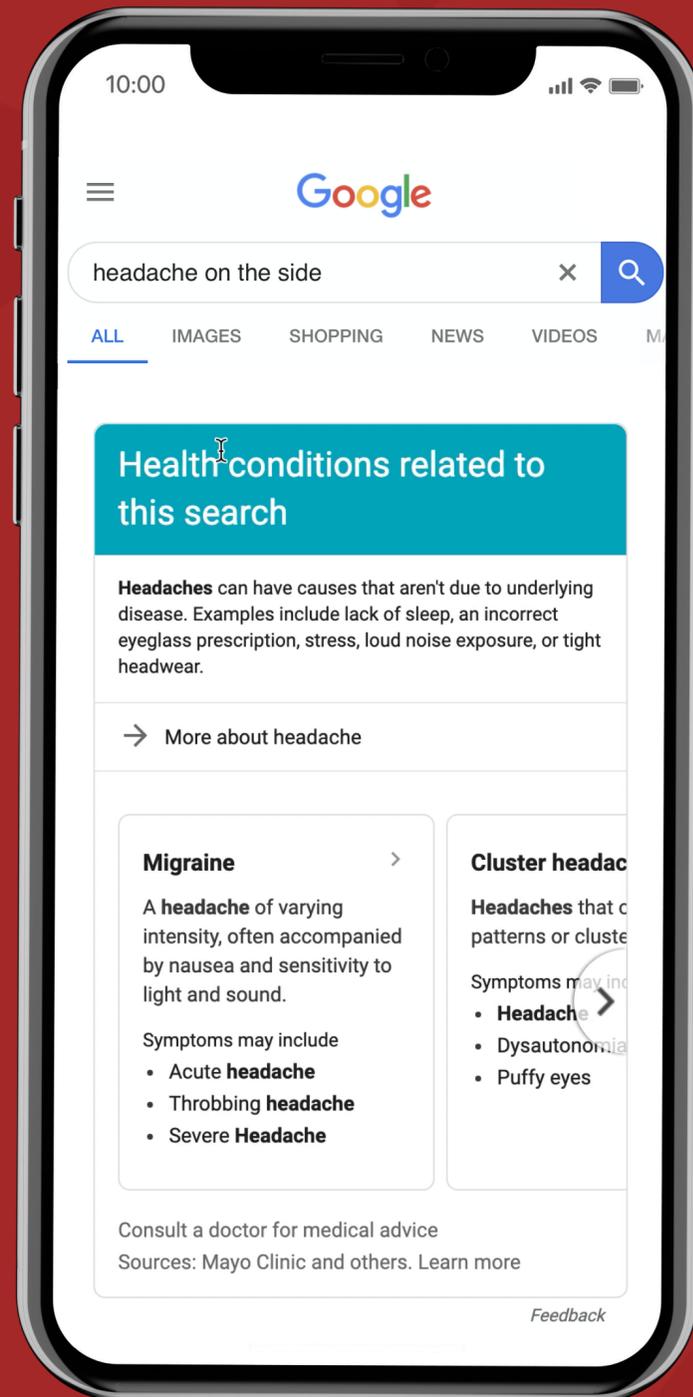
"Due to recent speculation and social media activity, RB [the makers of Lysol and Dettol] has been asked whether internal administration of disinfectants may be appropriate for investigation or use as a treatment for coronavirus [SARS-CoV-2]."



Revolting footage shows Chinese woman eating a whole bat at a fancy restaurant as scientists link the deadly coronavirus to the flying mammals

77%

of Americans
admitted to going
online to diagnose
medical symptoms.



Google knows this. They created Symptom Cards in 2016.

We create the list of symptoms by looking for health conditions mentioned in web results, and then checking them against high-quality medical information we've collected from doctors for our Knowledge Graph. We worked with a team of medical doctors to carefully review the individual symptom information, and experts at Harvard Medical School and Mayo Clinic evaluated related conditions for a representative sample of searches to help improve the lists we show.

Sidenote...

Google is doing other big things with health information.



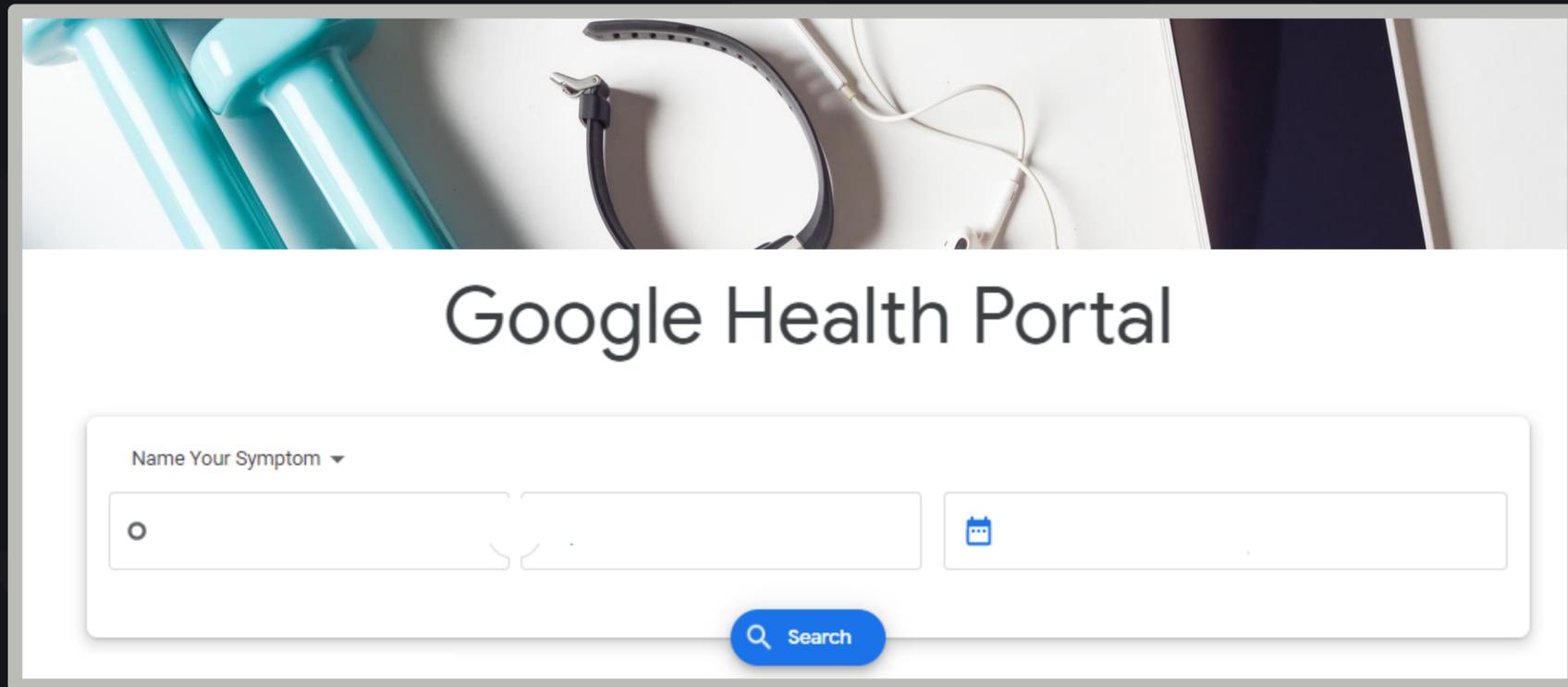
Project Nightingale



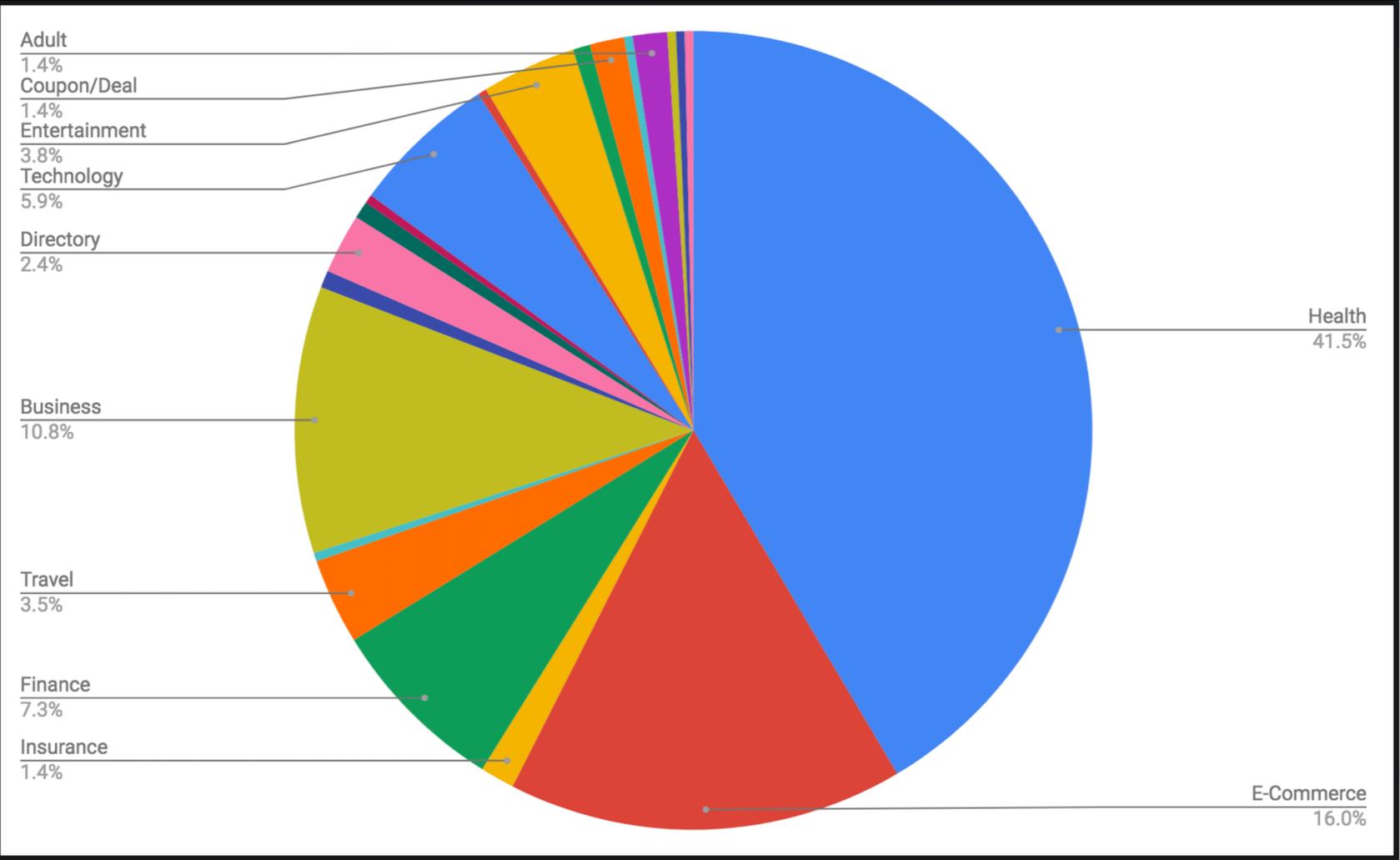
“Google had secretly harvested “tens of millions” of medical records—patient names, lab results, diagnoses, hospitalization records, and prescriptions—from more than 2,600 hospitals as part of a machine-learning project code-named Nightingale.” – [The Atlantic](#)

Speculation



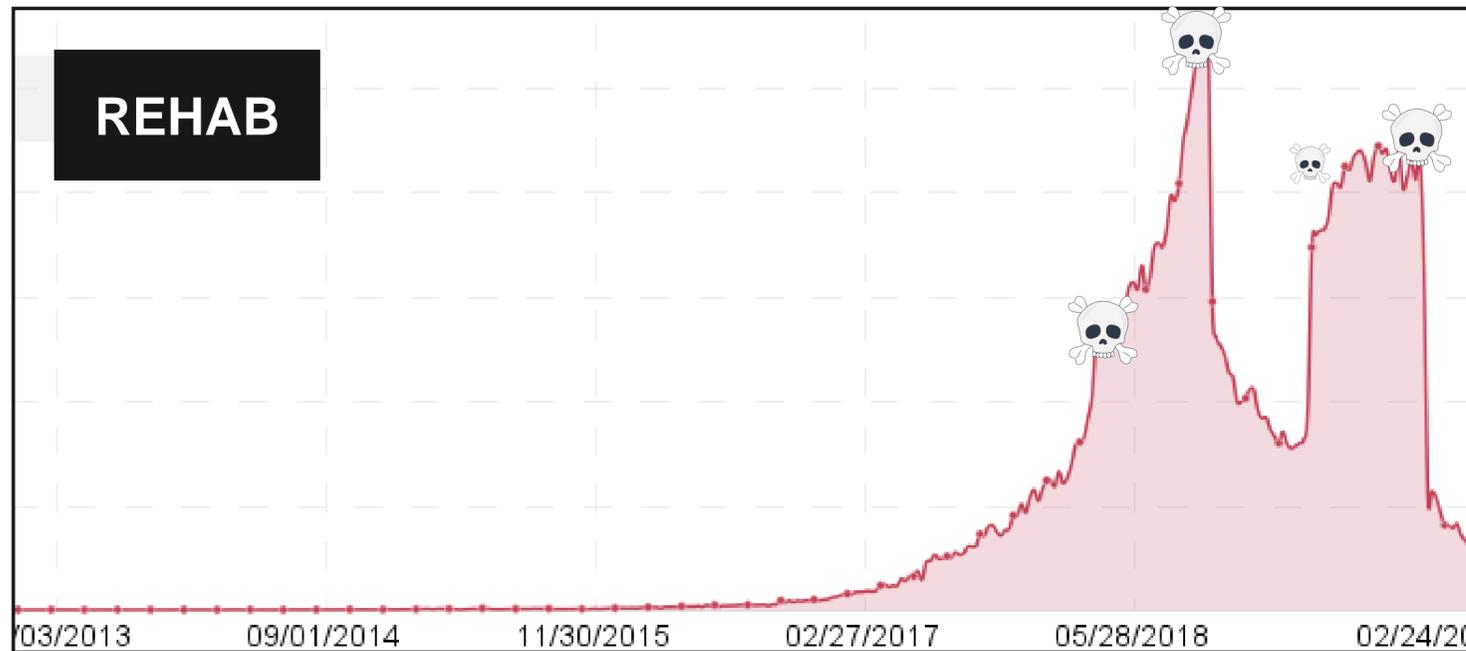
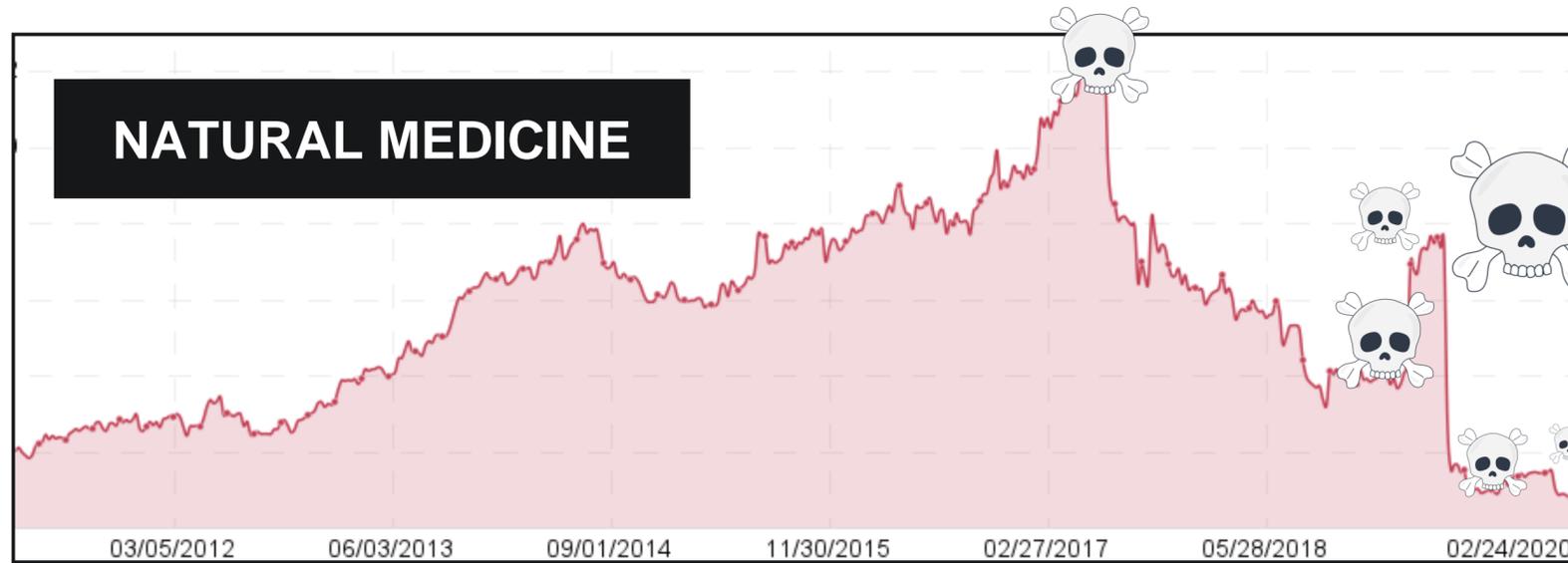


**Is this on
our horizon?**



The August 1st, 2018 update was informally labeled “Medic” because it disproportionately affected health websites.

Patterns with Subsequent Core Updates





YMYL Your Money Your Life

“We have an important responsibility to our users and to the societies in which we operate to curb the efforts of those who aim to propagate false information on our platforms.”

MISINFORMATION

PROJECT
NIGHTINGALE

PSEUDOSCIENCE

YOUR MONEY
YOUR LIFE

E-A-T

FITBIT

DANGEROUS
HEALTH ADVICE

GOVERNMENT
SCRUTINY

FAKE NEWS



**Maybe all of these
things are connected?**



@lilyraynyc

E-A-T: Google's criteria for analyzing the trustworthiness of content – and the people who publish it – in order to mitigate the spread of **misinformation**.

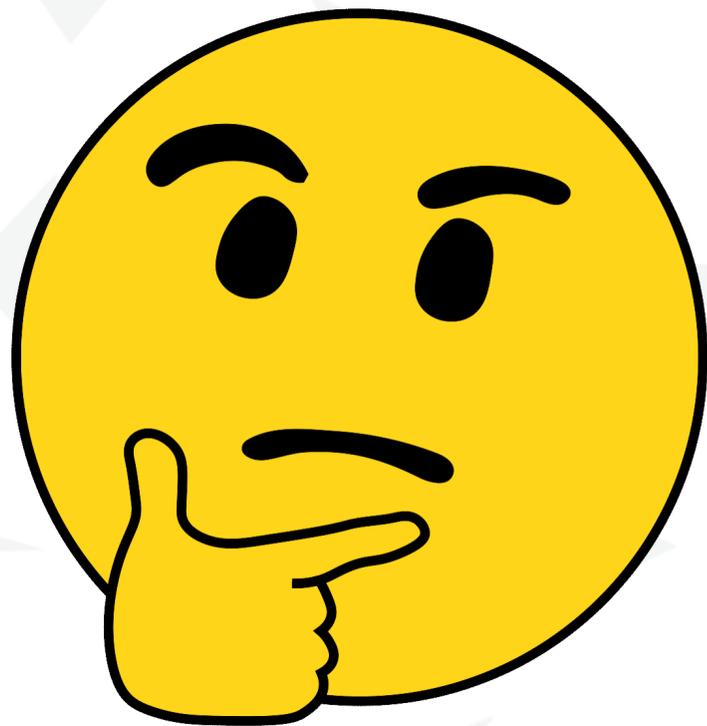
*my definition, not theirs



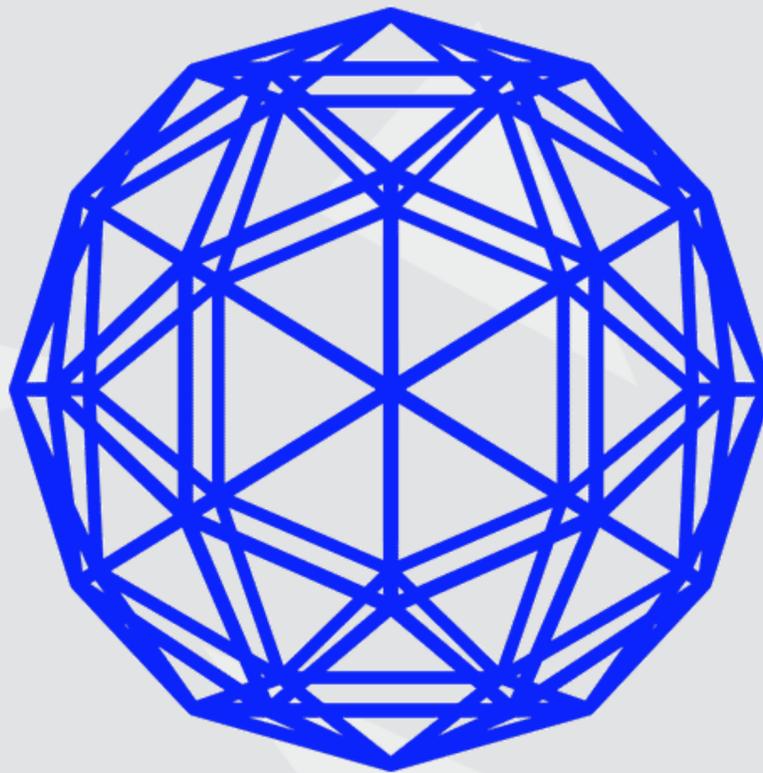
Only Google knows which exact signals are used as part of E-A-T evaluations.

**Us SEOs
are left with:**

Speculation



Data

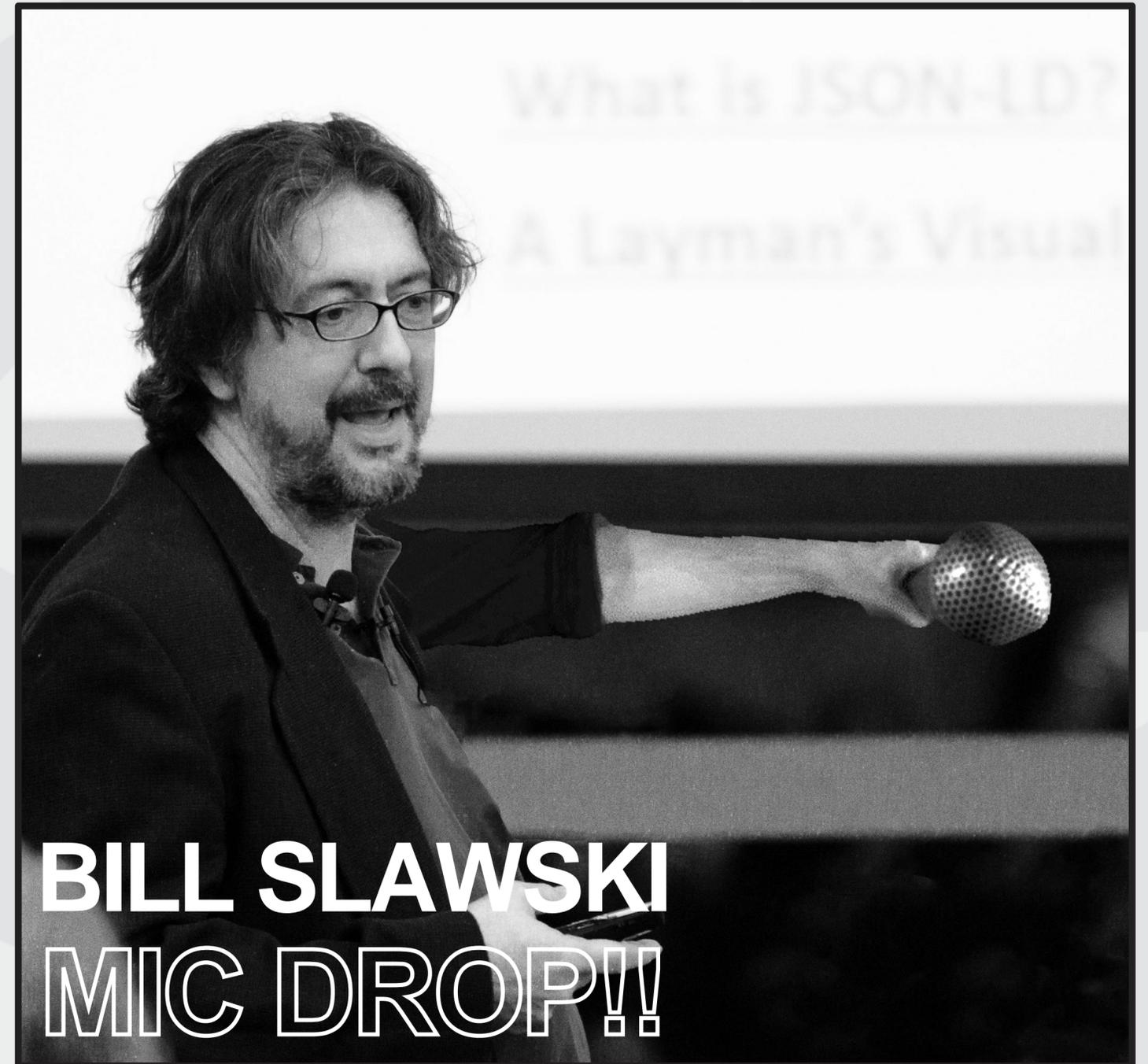


Patents



Google Using Website Representation Vectors to Classify Sites with Expertise and Authority (Patent Filed Aug 2018)

- ▶ Patent application uses Neural Networks to understand patterns and features behind websites to classify those sites.
- ▶ The classifications include an expert level of sites in the health domain, an apprentice level of sites and a layperson level of sites.
- ▶ These classifications are based upon different levels of expertise, and this patent tells us that it is ranking pages on the basis of authority too ([source](#))



THE CURIOUS CASE OF...

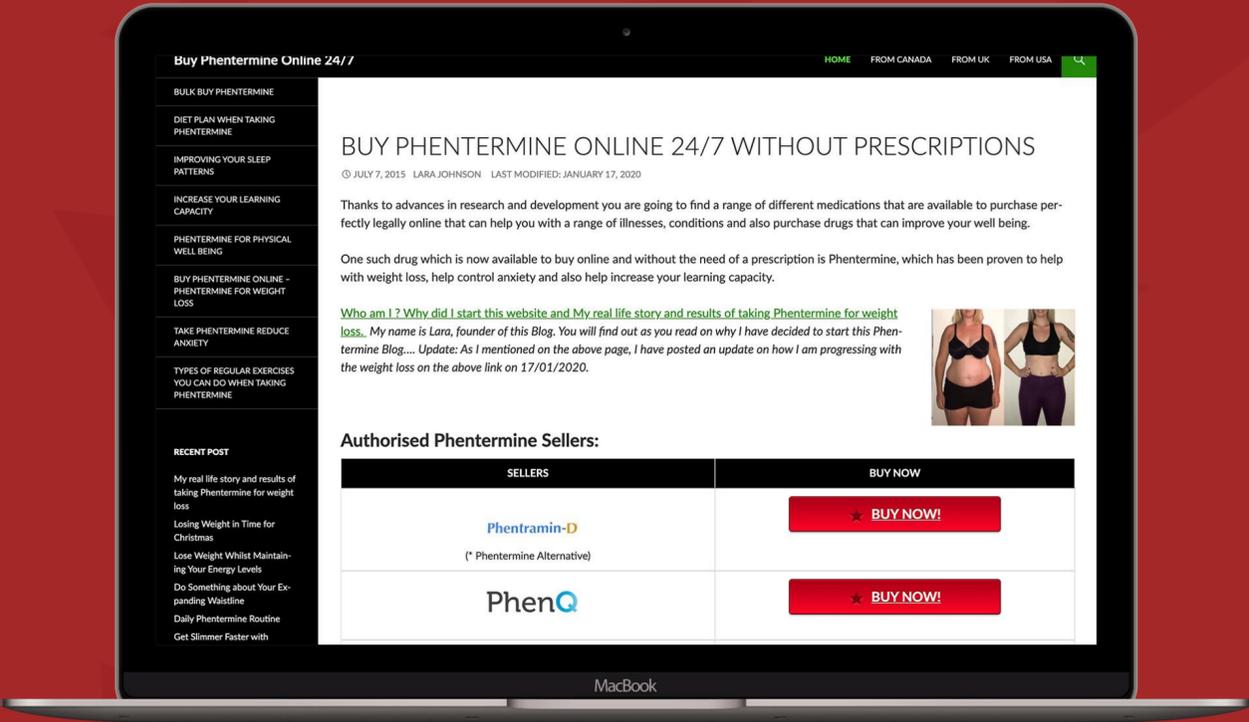
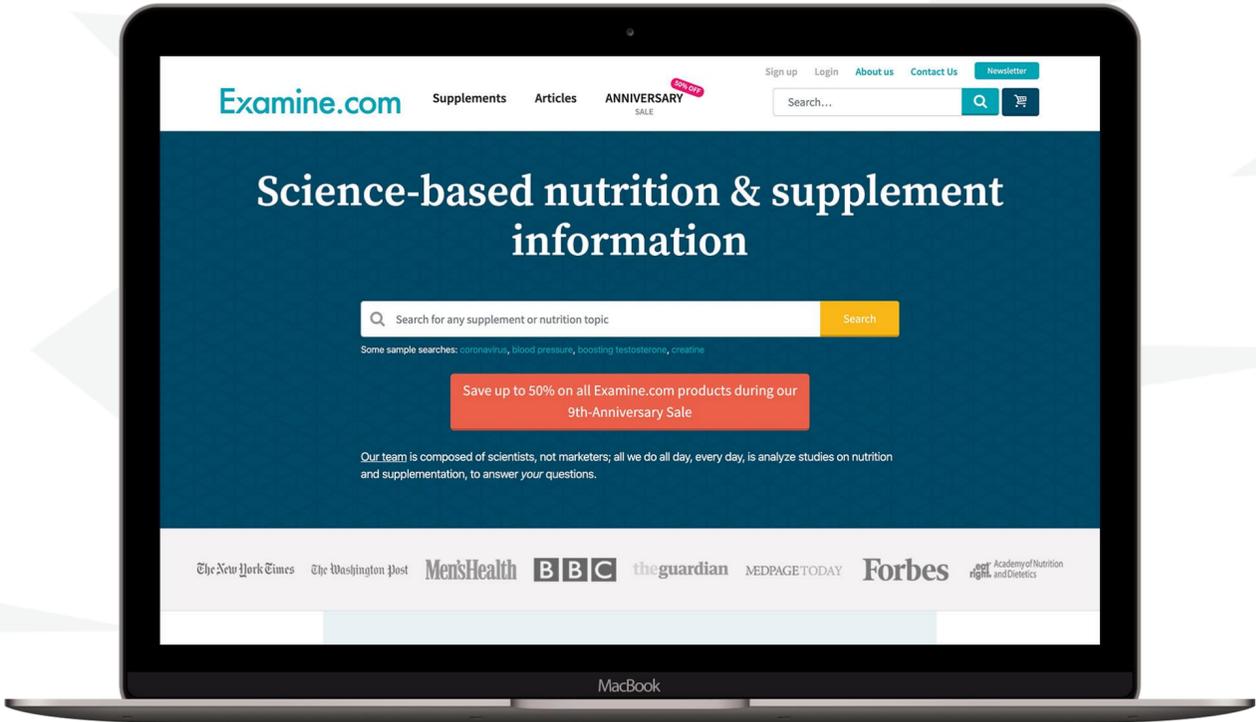
Examine.com

Largest online database of unbiased, science-backed, evidence-based nutrition and supplement research

VS

Buyphentermineonline247.com

Online marketplace for Phentermine, a weight loss supplement that claims to help with anxiety and increase your learning capacity*



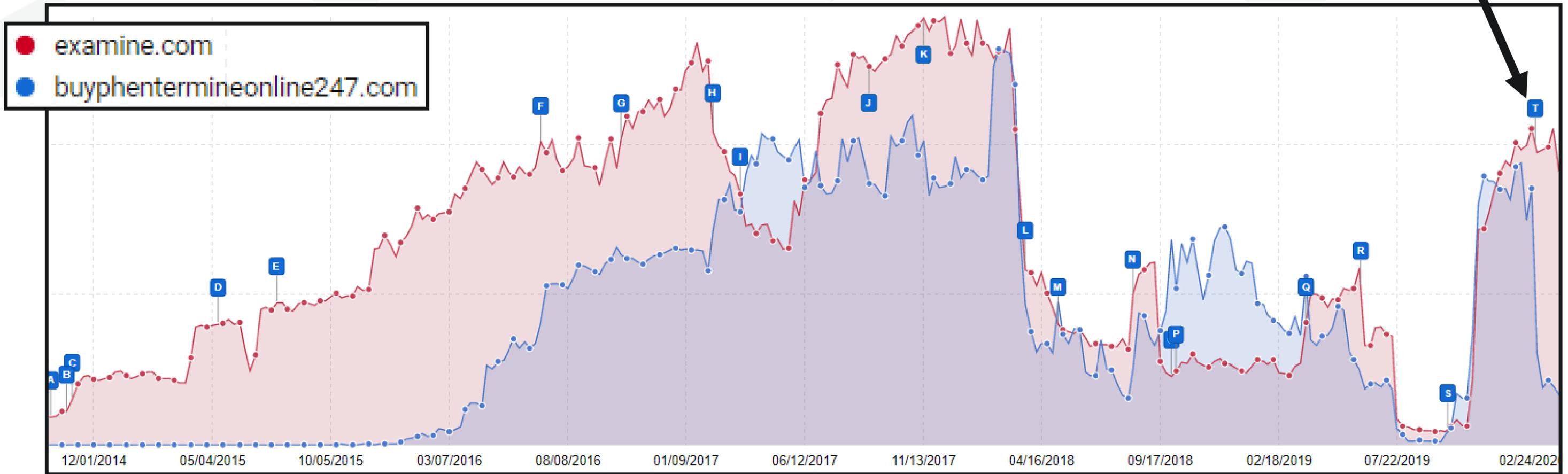
* but can also cause rapid or irregular heartbeat, delirium, panic, psychosis, or heart failure



@lilyraynyc

Google Classifying Sites

Jan 2020 Core Update:
maybe the sites are not so
similar after all?



If your website is classified as

YMYL,

Your E-A-T will be held to a higher standard.



@lilyraynyc

SO, WHAT CAN
YOU DO
ABOUT IT?



@lilyraynyc

Remember....

“signals that align with

E-A-T ?”

Qualities of Winning Sites



my **E-A-T** *analysis* / **Methodology**

- ▶ Analyze 500+ algorithm winners and losers between the Medic update (8-1-18) and now
- ▶ Use Sistrix Visibility Index API
- ▶ Use Archive.org to look at sites before they gained/lost traffic
- ▶ Use crawlers to extract page elements
- ▶ Use Readable.io to analyze readability
- ▶ Analyze structured data usage and Knowledge Graph presence
- ▶ Analyze YMYL queries and the associated top performers

Winning sites disclose who their authors are and utilize expert reviewers whenever possible.

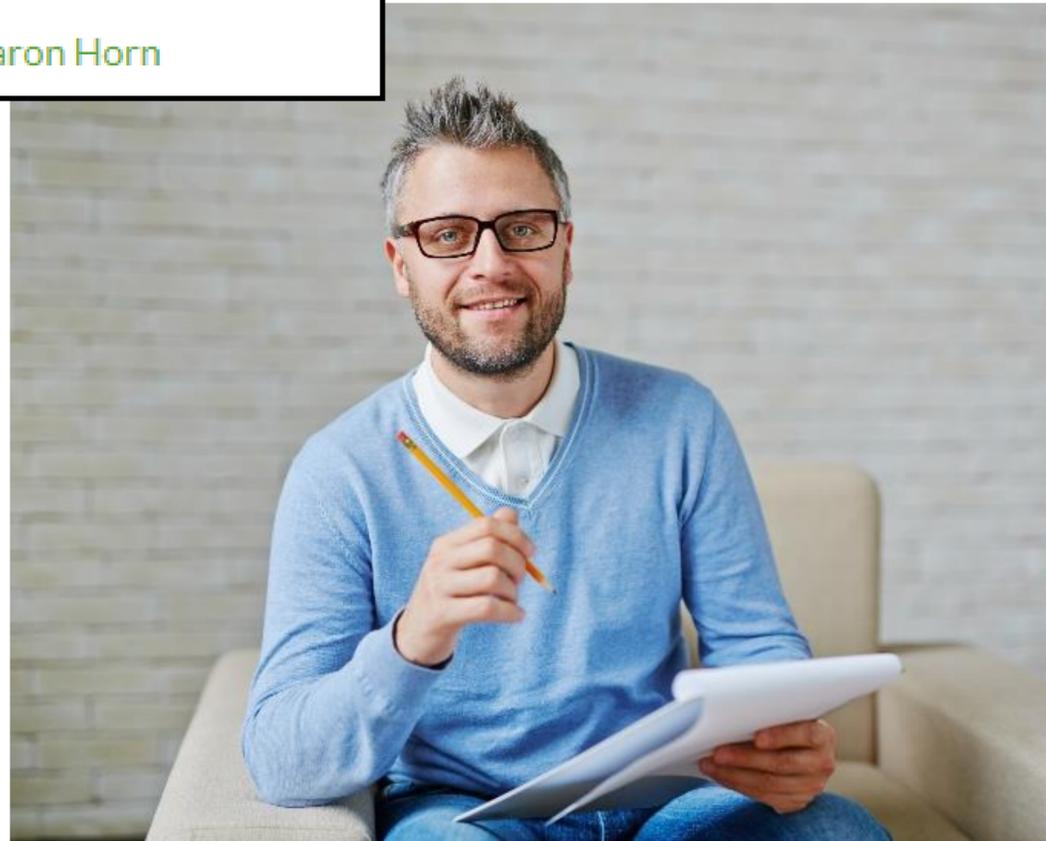


@lilyraynyc

By [Amy Gardner](#)

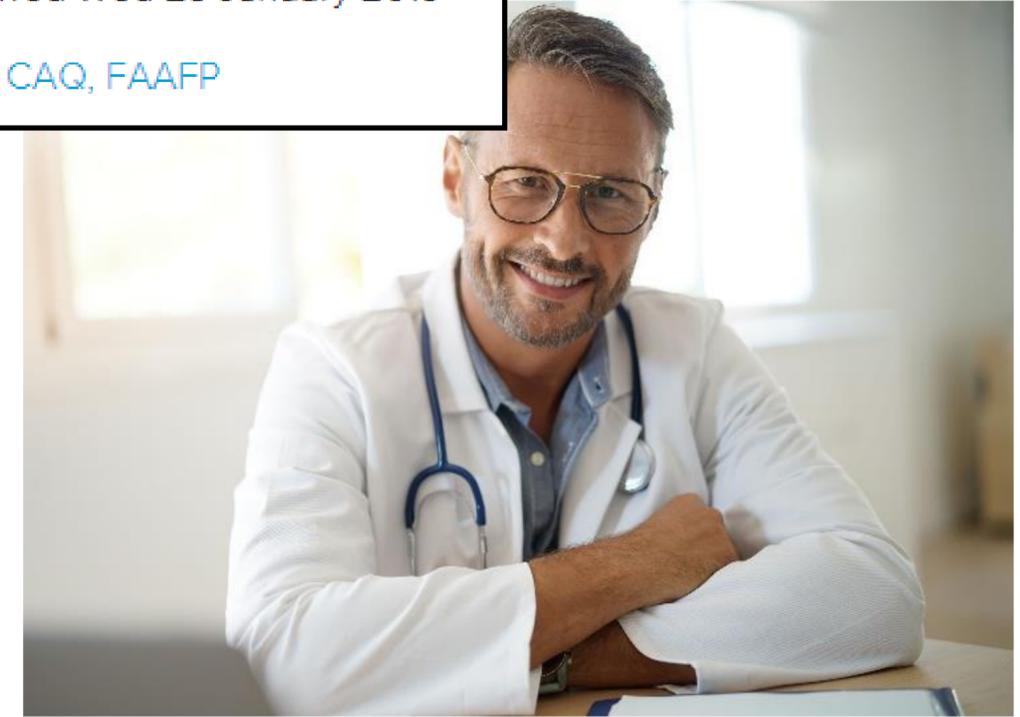
Updated September 06, 2019

Reviewer [Aaron Horn](#)



By [Lana Burgess](#) | Last reviewed Wed 23 January 2019

Reviewed by [Shilpa Amin MD, CAQ, FAAFP](#)



Medically reviewed by [Natalie Butler, RD, LD](#) on December 10, 2016 —
Written by [David Heitz](#)





Benjamin Paul

MD

Facial Plastic and
Reconstructive Surgery



[Visit their site](#)

Dr. Benjamin Paul is a double board-certified facial plastic and reconstructive surgeon who practices in Manhattan. Dr. Paul is known for exceptional talent in rhinoplasty, facelift, eyelid surgery, and hair restoration. He prides himself on delivering natural, long-lasting results with no evidence of surgery and minimal down time. Dr. Paul completed the prestigious Honors Program in Medical Education at Northwestern University, where he earned his undergraduate and medical degrees. Dr. Paul went on to



David Shafer

MD, FACS

Plastic Surgery



[Visit their site](#)

Dr. David Shafer is board-certified in plastic surgery, is a diplomate of the American Board of Plastic Surgery, and is a member of the American Society of Plastic Surgeons and fellow of the American College of Surgeons. As a graduating Chief Resident, Dr. Shafer was honored with all 3 possible awards, one of which was the Harry W. Hale Jr. Surgery Award for Outstanding Surgeon. He trained at Mayo Clinic and was selected as an Aesthetic Surgery Fellow at the Manhattan Ear, Eye & Throat Hospital in NYC. In addition, he teaches plastic surgery



Deanne Mraz Robinson

MD

Dermatology



[Visit their site](#)

Dr. Deanne Mraz Robinson received her Doctorate of Medicine from University of Rochester School of Medicine and Dentistry and completed her dermatology residency at Yale-New Haven Hospital, where she served as Chief Resident and Director for the Yale Resident Cosmetic Clinic. Following her time at Yale-New Haven, she completed a Cosmetic and Laser Surgery Fellowship. Currently, she is president and co-founder of Modern Dermatology of Connecticut. Dr. Mraz Robinson serves as assistant clinical professor of



Estee Williams

MD

Dermatology and Aesthetics



[Visit their site](#)

Dr. Estee Williams is a board-certified medical, cosmetic, and surgical dermatologist, as well as an assistant clinical professor in dermatology at Mount Sinai Medical Center. She treats adult and pediatric patients and has a focus on the interplay between hormones and the skin. Dr. Williams graduated with honors from Barnard College, Columbia University, with a double major in Premedical Sciences and History. She received her medical degree from Albert Einstein College of Medicine. She is a member of the American Academy of Dermatology, the American



Sheila Barbarino

MD, FAAO, FAACS,
FACS

Oculoplastic Surgery and
Plastic Surgery



[Visit their site](#)

Dr. Sheila Barbarino is a board-certified surgeon who has completed two fellowships, one in oculoplastic surgery and a second in full face and body aesthetic plastic surgery. Dr. Barbarino is a fellow of the American Academy of Cosmetic Surgery, diplomate of the American Board of Ophthalmology, and member of the American Academy of Facial Plastic and Reconstructive Surgery. She also sits on the executive board of the Cosmetic Surgery Foundation. She



SUBSCRIBE

healthline

Healthline contacted several public health specialists to see what they think.

- Pamela Aaltonen, PhD, RN, professor emerita of nursing, Purdue University
- Dina L.G. Borzekowski, EdD, research professor of behavioral and community health and interim director of The Global Health Initiative, University of Maryland
- Benjamin M. Brunjes, PhD, assistant professor specializing in Public Management and Leadership, University of Washington
- Boris D. Lushniak, MD, MPH, dean and professor of the School of Public Health, University of Maryland
- Amira Roess, PhD, MPH, professor of Global Health and Epidemiology, George Mason University
- Rodney E. Rohde, PhD, professor in the College of Health Professions who focuses on public health microbiology, Texas State University

CLIENT

I added the author names to all my articles, but I didn't see any impact!



ㄟ(っ)ㄟ

ME



Common Scenario



@lilyraynyc

Author bios and
expert reviewers are
not ranking factors.

Ideally, your writers and reviewers are *actual experts* that ensure your content is *high-quality* and *evidence-based*. 🤗

Substantiating Claims

1. What is low carb?

A low-carb diet means that you eat fewer carbohydrates and a higher proportion of fat. This can also be called a low-carb, high-fat diet (LCHF) or a [keto diet](#). ⁴

For decades we've been told that fat is detrimental to our health. Meanwhile low-fat "diet" products, often full of sugar, have flooded supermarket shelves. This has likely been a major mistake, that coincided with the start of the obesity epidemic. ⁵ While this doesn't prove causation, it's clear the low-fat message didn't prevent the obesity increase, and it is possible it contributed.

Studies now show that there's no reason to fear natural fats. ⁶ Instead, on a low-carb diet fat is your friend. Simply minimize your intake of sugar and starches and you can eat all the fat you need to feel satisfied. ⁷

When you avoid sugar and starches, your blood sugar tends to stabilize and the levels of the fat-storing hormone insulin drop. ⁸ This helps increase fat burning and makes you feel more satiated, thereby naturally reducing food intake and promoting weight loss. ⁹

Studies show that a low-carb diet can make it easier to lose weight and to control your blood sugar, among [other benefits](#). ¹⁰

While this is still controversial, repeated modern systematic reviews find no benefit from avoiding saturated fats, or from replacing them with unsaturated fats: [the fat](#)

- [Open Heart 2016: Evidence from randomised controlled trials does not support current dietary fat guidelines: a systematic review and meta-analysis \[strong evidence\]](#)
- [Nutrition Journal 2017: The effect of replacing saturated fat with mostly n-6 polyunsaturated fat on coronary heart disease: a meta-analysis of randomised controlled trials \[strong evidence\]](#)

But Google has no way of knowing who my authors are!

「(ツ)」

CLIENT



Common Scenario

ME



@lilyraynyc

Pay Attention to the Knowledge Graph



Steven Raichlen
American writer

Steven Raichlen is an American culinary writer, TV host, and most recently novelist. [Wikipedia](#)

Born: March 11, 1953 (age 66 years), Nagoya, Aichi, Japan

Spouse: Barbara Seldin

TV shows: Barbecue University, Steven Raichlen's Project Smoke, Primal Grill with Steven Raichlen, Steven Raichlen's Project Fire

Awards: James Beard Award for Focus on Health, MORE

Parents: Isadore Raichlen, Frances Raichlen



Almond
Plants

The almond is a species of tree native to Iran and surrounding countries but widely cultivated elsewhere. The almond is also the name of the edible and widely cultivated seed of this tree. [Wikipedia](#)

Scientific name: Prunus dulcis

Rank: Species

Higher classification: Prunus

Family: Rosaceae

Species: P. dulcis

Calories in handful: A serving of almonds has 162 calories, 14 grams of heart-healthy unsaturated fat, and 6 grams of protein, and when snacking on almonds, portion control is key. [foodnetwork.com](#)

Top questions answered



Mary Ann Esposito
American chef

Mary Ann Esposito is an American chef, cookbook writer, and the television host of Ciao Italia with Mary Ann Esposito, which started in 1989 and is the longest-running television cooking program in America. Esposito has published over a dozen cookbooks. [Wikipedia](#)

Born: August 3, 1942 (age 77 years), Buffalo, NY

Spouse: Guy M. Esposito (m. 1968)

TV shows: Ciao Italia

Children: Chris Esposito, Beth Esposito

Education: University of New Hampshire, Daemen College



Steven Raichlen
How to oven roast almonds?

Mary Ann Esposito
What's an unexpected way...

Simon Majumdar
What's an unexpected way...

Alice Ran
How to oven roast almonds?



Mary Ann Esposito

American chef

Mary Ann Esposito is an American chef, cookbook writer, and the television host of Ciao Italia with Mary Ann Esposito, which started in 1989 and is the longest-running television cooking program in America. Esposito has published over a dozen cookbooks.

[Wikipedia](#)

Born: August 3, 1942 (age 77 years), Buffalo, NY

Spouse: Guy M. Esposito (m. 1968)

TV shows: [Ciao Italia](#)

Children: [Chris Esposito](#), [Beth Esposito](#)

Education: [University of New Hampshire](#), [Daemen College](#)

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        "articleBody": "Mary Ann Esposito is an American chef, cookbook writer, and the television host of Ciao Italia with Mary Ann Esposito, which started in 1989 and is the longest-running television cooking program in America. Esposito has published over a dozen cookbooks.",
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MedicalWebPage		0 ERRORS	0 WARNINGS	^
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description	During a heart attack, blood supply that normally nourishes the heart with oxygen is cut off and the heart muscle begins to die. Here's what you should know.			
lastReviewed	2018-02-14T08:00:00+00:00			
url	https://www.healthline.com/health/heart-attack			
datePublished	2018-02-14T08:00:00+00:00			
dateModified	2018-09-17T02:30:41+00:00			
image	https://www.healthline.com/hlcmsresource/images/SxC/194x105_Heart-Attack.jpg			
publisher				
@type	Organization			
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logo				
@type	ImageObject			
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author				
@type	Person			
name	Tricia Kinman			
reviewedBy				
@type	Person			
name	Elaine K. Luo, MD			

Schema can play a role in E-A-T.

You can even use Schema.org as a guide to inform what content you include on your page.

Person

- address
- affiliation
- alumniOf
- award
- honorificPrefix
- honorifixSuffix
- jobTitle
- knowsLanguage
- owns
- Parent
- worksFor
- sameAs

Organization

- address
- award
- brand
- duns
- founder
- foundingDate
- foundingLocation
- knowsAbout
- knowsLanguage
- logo
- memberOf
- parentOrganization

LocalBusiness

- address
- openingHours
- specialAnnouncement
- telephone



@lilyraynyc

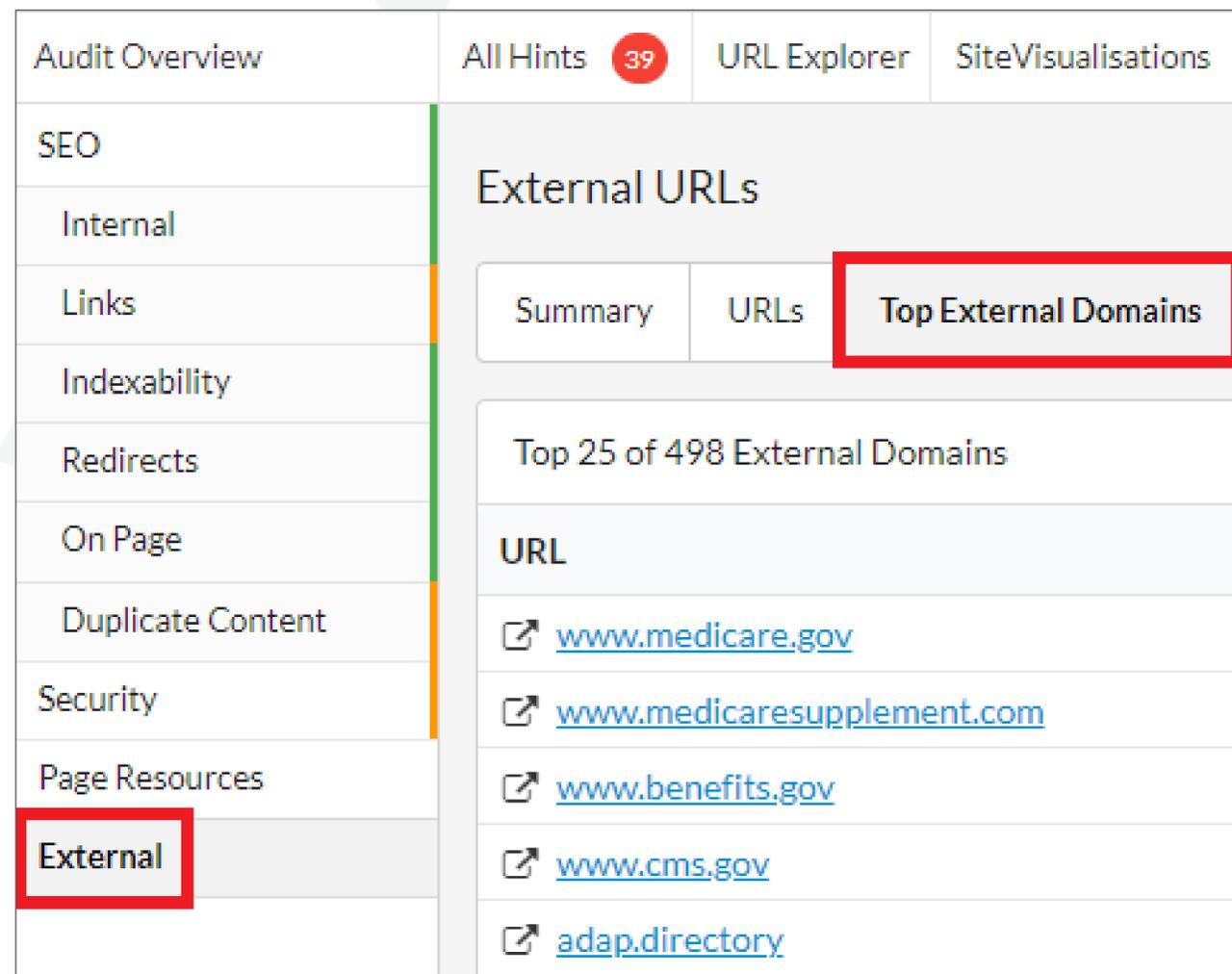
**“A [website] is known by
the company it keeps.” –
Aesop***

*he didn't actually say that



@lilyraynyc

Use Your Crawler of Choice to Audit Your External Links



The screenshot shows the Sitebulb audit interface. On the left is a navigation menu with categories like SEO, Internal, Links, Indexability, Redirects, On Page, Duplicate Content, Security, Page Resources, and External (highlighted with a red box). The main content area is titled 'External URLs' and has sub-tabs for 'Summary', 'URLs', and 'Top External Domains' (highlighted with a red box). Below the sub-tabs, it says 'Top 25 of 498 External Domains' and lists several URLs with external link icons: www.medicare.gov, www.medicaresupplement.com, www.benefits.gov, www.cms.gov, and adap.directory.

Are they authoritative?
Do you trust them?
Do you *want* to be associated with them?

Eliminate Garbage Comments

(but keep good comments if they add value)



John @JohnMu · Feb 27

If you publish low-quality / spammy comments as a part of your website, that's what people (and search engines) will use when checking out your site. What you present is what you'll be perceived as, regardless of where the parts come from -- just like any business.



Conduct Reputation Research

| -mycompanywebsite.com "my company" reviews 

| -mycompanywebsite.com "my company" scam 

| -mycompanywebsite.com "my company" fraud 

| -mycompanywebsite.com "my company" quality 

| -mycompanywebsite.com "my company" customer service 

What do losing sites
get wrong?



DECEPTION

SHORTCUTS



@lilyraynyc

If you want to improve **E-A-T**, please stop:

- **Auto-generated content**
- **Overwhelming advertisements or CTAs**
- **Guilt-tripping calls to action**
- **Overtly-salesy YMYL content**
- **Lack of customer support**

If you want to improve **E-A-T**, please stop:

- Not addressing bad reviews or Q&A
- Distracting ads that are hard to close
- Meaningless SEO content
- Low-quality local landing pages
- Mysteries about your brand or authors
- Paid link campaigns

E-A-T initiatives **can't** all be directly tied to confirmed SEO ranking factors.

...and that's ok.

Improving **E-A-T** requires a serious consideration of what is best for your **users**, not just for search engines.

thank you!



Lily Ray

@lilyraynyc

 **Path** Interactive